



All About Bacteria

By Ravi Mantha

Harpercollins Publishers India Pvt. Ltd., Noida, India, 2012. Soft cover. Book Condition: New. Live Longer, Be Healthier And Look Good Naked. Harness Your Inner Bacteria! Did You Know That 90 Per Cent Of Our Body's Cells Are Bacterial? Or That The Bacteria That Cause Meningitis Live In Our Body All The Time, Without Troubling Us At All? Or Even That Life As We Know It On Earth Began Because Bacteria Rode Into Our World On An Asteroid? Health Activist Ravi Mantha Explains That, In Order To Remain In The Pinkest Health, We Need To Understand And Maintain The Human Ecosystem ? Which Includes Looking After Our Bacteria. Prevent The Onset Of Illnesses, He Advises, Rather Than Search For Cures To Diseases, As Western Medicine Tends To Do. China Followed The Practice Of Preventive Medicine Until A Hundred Years Ago, Where Doctors Were Paid If You Were Healthy, And Not Paid If You Fell Sick. In The Us, This Practice Is Being Re-Explored Through The Concept Of 'Concierge Care? Until Ideas Such As These Become Fashionable, And As Long As Public Health Care Systems Are Wanting, We Must Care For Our Own Health. The First Step To This: Understanding The Bacteria...



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